A step-by-step guide to

॥ laghu bhagavadārādhanakramah ॥

This document* has been prepared by

Sunder Kidambi

with the blessings of

śrī raṅgarāmānujamahādesikan

His Holiness śrīmad āṇḍavan of śrīraṅgam

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FOREWORD

Sriman Sunder Kidambi, tiruvaḍi of śrīmad tirukkuḍandai aṇḍavan, is very well known to the āstika community in many continents. Over the past few years, Sriman Sunder Kidambi has been serving the global āstika community tirelessly through his kaiṅkaryams to create, populate and grow his extraordinary website www.prapatti.com. This website has under a single roof (1) one of the largest collection of texts of stotras in multiple languages, (2) audio MP3 recordings of many of the above stotras and (3) photo galleries of 108 divya desams and vintage photo images of śrīmad aṇḍavan and ahobila maṭham Jeeyars. The time, energy, effort and dedication that Sriman Kidambi has brought to bear upon this task is phenomenal and his yeoman service has been recognized by āstikas thirsting for such information around the globe. All of us owe a deep sense of gratitude to Sriman Sunder Kidambi for his selfless bhagavat-bhā-gavata kaiṅkaryams.

Most recently, Sriman Kidambi has put together an easy-to-practise laghu āradhana krama for the benefit of āstikās who wish to learn bhagavad āradhanam. It is a pleasure for me to have the privilege of writing a foreword for this most recent release of Sriman Kidambi in his www.prapatti.com website. Why is this effort so important?

Today, śakti-sampradāyam-sadācāram and pramāṇa jñānam are diminishing. Many vaisnāvas are living and working far away from their traditional homes. They are cut off from their moorings. Traditional routes of learning about our ancient sampradāyam at the sacred feet of sadācāryās are not available to them. There is a need for addressing these information needs of āstikās both at home and abroad. Welcome efforts by knowledgeable vaisnāvas fill the information gap on important vaidika karmās like bhagavad ārādhana that are to be performed every day. These efforts are to supplement the primary efforts of sadācāryāns and not to replace them.

There are two kinds of bhagavad ārādhanaṁs: (1) ātmārtham (2) parārtham. The ātmārtha ārādhanaṁ is done at home to please the Lord by those who have been blessed with pañca saṁskārams. The parārtha ārādhanaṁ is done at the temples and maṭhams for the well being of the world (loka kṣemam). Those who belong to brahmacārya, grahaṇaṇa, vānapraṣṭha and sannyāsa āśramās are required to perform bhagavdārādhanaṁ after being blessed with pañca saṁskāram. They perform ārādhanaṁ with veda mantrāms.
Ladies are eligible for performing viṣṇu pūjā in the tāntric manner. Such is the importance of bhagavad ārādhanam “tasmāt anādi-madhyāntam nityam ārādhayet harim” instructs Sage vyāsa (Therefore we should perform ārādhanam for hari always). parāśara samhitai states that one should not even eat in the villages or homes where viṣṇu ārādhanam is not performed and one should not live in such places even for a day (na kuryāt anna-pānādi na tatra divasam vaset).

Such is the importance of bhagavad ārādhanam. vigraha ārādhanam is the most lofty among ārādhanams. There are however a lot of difficulties faced by some in executing it. Hence the easier sālagrāma ārādhanam is recommended by our sadācāryās. When the sālagrāma mūrtis of the Lord is present in one’s home with dvāraka śilā, one has tremendous sanctity in the house. After the ārādhanam is done, perumāl’s śripāda tīrtham and tulasi is received before partaking the naivedyam presented to the Lord during the worship.

In view of the significance of both these kinds of ārādhanams, vaisnavite ācāryās have written authoritative granths on nitya ārādhana kramams: Ramanuja’s nitya grantham, Vangipuram Nambi’s kārikai, smṛti ratnākaram, and mumukṣu darpaṇam, Swamy Desikan’s pāncarātra rakṣa, Tirukkudandai Desikan’s āhnika grantham, Srimad Injimedu Azhagiya Singar’s sadācāra nirṇayam are some of those śrī sūktis focusing on the important nitya karmās like bhagavad ārādhanam.

Many vaisnavās long to do perform bhagavad ārādhanam; they however do not have the opportunity to learn it readily from elders or from their ācāryās. Many of such aspirants live overseas and are finding it difficult to learn the correct procedures (kramams) for performing bhagavad ārādhanam. Further, the performance of the traditional ghana ārādhanam with its intricate kramams like bhūta śuddhi, bhagavad and devi āvāhanaṁs, recitation of mantra puṣpam with veda mantras with the correct svarams, peṇiya śāṭṭrumurai is not easy for many vaisnavās. Two online resources for performing the ghana ārādhanam are available at www.ramanujamission.org/2000/resources/shtml and www.srivaishnavam.com/aradhana.htm

In view of the elaborate nature of the ghana ārādhanam and the difficulties in performing them every day in the required manner, our compassionate ācāryās have devised a lighter kramam known as laghu ārādha kramam. This can be done in the morning by one rushing
to work in the modern day world. Sriman Sunder Kidambi has assembled this laghu ārādhana kramam for the benefit of āstikās who wish to learn to perform ārādhana for the Lord. Sri Kidambi’s presentation of laghu ārādhana is easy to follow with helpful pictures on the placement of the vessels used in worship as well as the different mudrās used at the different stages of the ārādhana. The Sanskrit text for the veda mantrams with the appropriate svarams for recital and the clear English text on instructions are very useful to the āstikās at every level of awareness of the kramam. Separate appendix on the taniyans for the ācāryās, mudrās and the often used kramams are a valuable adjunct to learn the laghu ārādhana kramam. There are in all thirty five steps that Sri Sunder Kidambi has focussed on to capture the essence of laghu ārādhana. With few practise runs, one can become familiar with the performance of nityārādhana for the divya dampatis and receive their anugrahams.

Our hearty congratulations to Sri Sunder Kidambi for a significant contribution to the world of āstikās and our prayers are to the divya dampatis and ācāryās to grow his kaiṅkarya śrī further and further.

nārāyaṇa, nārāyaṇa, nārāyaṇa
dāsan

oppiliappan koil varadācāri sadagopan
śrīḥ
śrīmate rāmānujāya namaḥ
śrīmate nigamāntamahādeśikāya namaḥ

∥ laghu bhagavadārādhanakramaḥ ∥

1. After performing mādhyāhnikā sandhyāvandanam, two ācamanam and two prā-

ṇāyāmam, recite

om caṇḍādidvārapālebhyo namaḥ
om pracaṇḍādidvārapālebhyo namaḥ

thus seeking the permission of the gate-keepers of vaikuṇṭham.

2. Prostrate in front of the Sanctum and recite

kūrmādīn divyalokaṁ tadanu maṇi-

mayam maṇṭapaṁ tatra ṛṣaṁ

tasmin dharmādipītham tadupari

kamalaṁ cāmaragṛhiṁiśca

viṣṇum devīrviḥūśayuddha-

ganamuragam pāduke vainateyaṁ

seneṣaṁ dvārapālān kumudamukha-

ganāṁ viṣṇubhaktān prapadye

3. Sit on an āsanam or a platform facing north with the Sanctum on your left. Ring the bell

with your left hand, clap three times and recite

yaṁ vāyave namaḥ \ vīryāya astrāya phaṭ\

thus opening the doors of the sanctum sanctorum. Please note that the bell has first to be

accepted with respect with your right hand and then transferred to your left hand before
ringing it. After ringing the bell it has to be transferred to your right hand before placing it in the assigned place.

4. Recite the *suprabhātam*

\[
\begin{align*}
\text{kāsaļyā suprajā rāma pūrvā sandhyā pravartate} \\
\text{uttistha naraśārdūla kartavyaṁ daivamāhnikam} \\
\text{vīra saumya vibudhyasva kāsaļyānandavardhana} \\
\text{jagaddhi sarvaṁ svapiti tvaiṁ supte narādipa}
\end{align*}
\]

5. Now recite the *nyāsadasākam* of śrī nīgamānta mahādesiṁkan

\[
\begin{align*}
\text{ahaṁ madrakśaṇa bharo madrakśaṇa phalaṁ tathā} \\
\text{na mama śripaterevetyātmānaṁ nikṣipet budhaḥ} \quad 1 \\
\text{nyasyāmyakiṅcanaḥ śrīman anukūlo'nyavarjitaḥ} \\
\text{viśvāsa prārthanā pūrvaṁ ātmaraṅkā bharam tvaiṁ} \quad 2 \\
\text{svāmī svāseṣaṁ svavaṣaṁ} \\
\text{svabharatvena nīrbharam} \\
\text{svadatta svadhiyā svārthaṁ} \\
\text{svasmin nyasyati māṁ svayam} \quad 3 \\
\text{śrīmannabhīṣṭa varada tvāmasmi śaraṇaṁ gataḥ} \\
\text{etaddehāvasāne māṁ tvatpādaṁ prāpaya svayam} \quad 4 \\
\text{tvaccheṣatve sthiradhiyam tvatprāptyeka prayojanam} \\
\text{niśiddha kāmya rahitaṁ kuru māṁ nitya kiṅkaram} \quad 5 \\
\text{devī bhūṣaṇa hetyādi juṣṭasya bhagavaṁstava} \\
\text{nityaṁ niraparādheśu kaiṅkaryeṣu niyuṅkṣva māṁ} \quad 6
\end{align*}
\]
māṁ madīyam ca nikhilam cetanācetanātmakam
svakaiṅkaryopakaraṇam varada svīkuru svayam

tvadeka rakṣyasya mama tvameva karuṇākara
na pravartaya pāpāni pravṛttāni nivartaya

akṛtyānāṁ ca karaṇam kṛtyānāṁ varjanam ca me
kṣamasva nikhilam deva praṇatārtihara prabho

śrīmān niyata paṅcāṅgaṁ madrakṣaṇa bharārpaṇam
acikarat svayam svasmin ato'hamiha nirbharah

saṁsārāvarta vega praśamanaśubhadṛg-desika preksito'ham
saṃtyakto'nyairupāyairanucita cariteś-vadya sāntābhisanḍhīḥ

niḥśaṅkastatvadṛṣṭyā niravadhikadayāṁ
prārthya samrakṣakaṁ tvāṁ
nyasya tvatpādopadme varada nijabharam
nirbharo nirbhaya'śmi

In case of lack of time to recite nyāsadasaśakam, the following verse can be recited

nin arulāṁ gatiyanṛi marṇonrillēn
neṇuṅkālam pizai šeyda nilai kazindēn
unnarulukkinidāna nilai ugandēn
un śaraṇē śaraṇennum tunivu pūṇḍēn
mannirulāy nilra nilai enakku ttīrttu
vānavar tam vāzccitara varittēn unnai
innarulāl ini enakkōr paramērrāmal
en tirumāl aḍaikkalam koḷ ennai niyē
6. Prayers are offered to our *guruparampara* by reciting either

\[
\text{asmad desikamasmadya} \\
\text{paramacaryan aseshan gurun} \\
\text{srimalakshmana yogipungava} \\
\text{mahapurruau munin yamunam} \\
\text{ramam padmavilocanam munivaram} \\
\text{natha sathadvesiham} \\
\text{senasriyaminindirasahacaram} \\
\text{naryaana samisraye} \]

or

\[
\text{ennuyir tandalittavarai ccaranam pukku*} \\
yan adaiv avargurukkal nirai vanangi* \\
ppinnarulal perumbudur vanda vallal* \\
periyanambi alavandar manakkal nambi* \\
nanneriyai avarkkuraitta uyyakondar* \\
nadamuni sadagopan senai nadan* \\
innamuda ttirumagal enrivarai munitti* \\
emperumnan tiruvadigal adaiginren}

7. Recite the taniyam of your *acarya*. Taniyans of some *acaryas* are given in the appendix.

8. Perform three *pranayamam*. This consists of reciting the *astaksara mantram*, i.e.,
\[
\text{om namo naryaanya} 28 \text{times for each pranayamam.}
\]

9. Now place the left hand (palm facing upward) over the right thigh, cover it with the right palm and recite the *saikalam*

\[
\text{sri bhagavadajnya sriramnaraaya prityarthan ijyakhyan bhagavadaradhanam karisyen}
\]
This is followed by the *sāttvika tyāgam*

*bhagavāneva svariniyāmya svarūpasthiti pravṛttisvaśesātai karṣena anena ātmanā kartrā svakīyaiścopakaraṇaḥ śvarādham naikaprayojaneśa paramapuruṣaḥ sarvaśeṣī śriyāḥ patiḥ svaseśaśabhūtaṃ idam ijjārādhanākichyaṃ karma svasmai svaprītaye svayameva kārayati॥

10. Next *mānasikārādhanam* is performed. This is done by reciting, with folded hands and contemplating on the services offered to the Lord,

ārādhayāmi hṛdi keśavamātmagehe
māyāpure hṛdayapankajāsamaṁnivīṣṭam॥
śraddhānādīvimalacittajalābhīsekaiḥ
nityaṁ samādhikusumaiḥ apunarbhavāya॥

sauvarṇe sthālivarye maṇigaṇa-
khacite goghrāktān supakvān
bhakṣyān bhojyāṁśca lehyān parama-
mathā havīścosyamannaṁ nidhāya॥
nānāśākairupetaṁ sadadhimadhu-
ghṛtaṁ kṣīrapāṇīyayuktam
tāmbulaṁ cātmane’smai pratidivasa-
maham mānasam kalpayāmi॥

11. After completing the *mānasikārādhanam*, *bāhyārādhanam* is performed. This is begun by reciting

bhagavān puṇḍarikākṣa hṛdyāgaṁ tu mayā kṛtam॥
ātmasātkuru deveśa bāhyaiśtvāṁ samyagarçaye॥
12. Next *pātrapaikaalpanam* is performed wherein the vessels are arranged in an order shown in the Figure 1.

![Figure 1: Arrangement of the vessels.](image)

Sacred water is prepared by adding small quantities of *tulasī, elaicī* (cardamon), *karpūram* (food variety camphor) and *kesarī* (saffron) to the water in the *pūrṇakumbham* (vessel no. 1).

13. Perform *śoṣāṇaṃ-dāhanam-plāvananā* to *pūrṇakumbham* (see appendix). Now take a spoonful of water from *pūrṇakumbham* (vessel no. 1) in your left hand and position it at the level of your nose, as shown in Figure 2. Cover the spoon with the fingers on your right hand and recite seven times

\[ \text{om namo nārāyaṇāya} \]

and pour this water back into the *pūrṇakumbham* (vessel no. 1).

14. Pour water from the *pūrṇakumbham* (vessel no. 1) into vessels 2 through 6 such that they are only quarter full.

15. Next show *surabhi mudrā* (see appendix) to vessels 2 thorough to 6 while reciting

\[ \text{om suṃ surabhimudrāyai namaḥ} \]

16. Perform *astramantram* (see appendix) to 2 through 6, one by one, by reciting
Figure 2: Covering a spoonful of water from *pūrṇakūmbham* and raising up to the level of the nose.

\[
\text{om vīryāya astrāya phat} \!
\]

17. Cover *arghya pātram* (vessel no. 2) with your right palm, as shown in Figure 3, and recite

Figure 3: Covering the vessel with your right palm.

\[
\text{om namo nārāyaṇāya arghyaṁ parikalpayāmi} \!
\]

Cover *pādyā pātram* (vessel no. 3) with your right palm and recite

\[
\text{om namo nārāyaṇāya pādyāṁ parikalpayāmi} \!
\]

Cover *ācamaṇīya pātram* (vessel no. 4) with your right palm and recite

\[
\text{om namo nārāyaṇāya ācamaṇīyaṁ parikalpayāmi} \!
\]

Cover *snāṇīya pātram* (vessel no. 5) with your right palm and recite

\[
\text{om namo nārāyaṇāya snāṇīyaṁ parikalpayāmi} \!
\]
Cover *sārvārthatoya pātraṁ* (vessel no. 6) with your right palm and recite

\[ \text{oṁ namo nārāyaṇāya sārvārthatoyaṁ parikalpayāmi} \]

18. This next stage is the *mantrāsanam*. Recite

\[ \text{ījjākālastṛtṛyamahnoḥsassamupāgataḥ} \]
\[ \text{sāṃbhṛtāścaiva saṃbhārāḥ kalpitānyāsanāni ca} \]
\[ \text{snānādyarthāṇi deveṣa taveccchā vartate yadi} \]
\[ \text{avalokanadānena tatsarvaṁ saphalam kuru} \]
\[ \text{tadarthaṁ saha devībhyaṁ sānugaissacivaissaha} \]
\[ \text{madanugrahāya kṛpayā hyatārāgantumihārhasi} \]
\[ \text{yāvadādyāsanāṁ mantrāsanāntam pūjyase mayā} \]
\[ \text{tāvatsānnidhyattraiva kuruṣva puruṣottama} \]

Offer some *puṣpaṁ, tulasi* or *akṣata* and meditate on the Lord seated on the *mantrāsanam* and recite

\[ \text{oṁ namo nārāyaṇāya mantrāsanāya namaḥ} \]
\[ \text{mantrāsanaṁ-maṅkuruṣva} \]

Offer *arghyam-pādyam-ācamaniyam-plotavastram* (see appendix) to the Lord.

19. The next stage in the *bhagavadārādhanaṁ* is *snānāsanam*. Recite

\[ \text{sphuṭikṛtaṁ mayā deva snānāsanamidaṁ mahat} \]
\[ \text{āsādayāsu snānārthaṁ madanugrahakāmyayā} \]

Offer some *puṣpaṁ* or *akṣata* to the Lord and meditate upon His having accepted *snānāsanam* and recite

\[ \text{oṁ namo nārāyaṇāya snānāsanāya namaḥ} \]
\[ \text{snānāsanamaṁ-laṅkuruṣva} \]
Perform the *argaḥyam-pādyayam-ācamanīyaṃ-plotavastram* to the Lord. Perform *śoṣaṇaṃ-dāhanam-plāvanaṃ-surabhimudrā-astramantram* to the plate on which you wish to place the Lord. Place the Lord on that plate and offer the ritualistic bath with spoonfuls of water from the *snāṇya pātraṇa* (vessel no. 5) with your right hand while ringing the bell with your left and reciting the *puruṣa sūktaṃ*.

|| hariḥ oṁ || sahastrā śirsā puruṣaḥ ∣ sahastrākṣaḥ sahastrā- ∣ pāṭā ∣ sa bhūmiṃ viśvāt vṛtvā atyātiṣṭhaddaśāṅgulaṃ ∣ puruṣa ∣ evedaṅ sarvām ∣ yadbhūtaṃ yacca bhavyām ∣ utāṃtatvasye- ∣ śānaḥ ∣ yadannenātirohāti ∣ etāvānasya mahīmā ∣ ato jyāyāgscā ∣ pūruṣaḥ || 1 ||

pādo′syā viśvā bhūtāni ∣ tripādāsyāṃṛtāṃ divi ∣ tripādārdhva ∣ udātpuruṣaḥ ∣ pādo′syehābhāvātpunāḥ ∣ tato viśvāniyākrāmat ∣ sūsanānāsane abhi ∣ tasmādvirādaśāyata ∣ virājo adhi pūruṣaḥ ∣ sa jāto atyārcyata ∣ pāscādbhūmimātho pūraḥ || 2 ||

yatpurūṣeṇa havisā′ ∣ devā yajñamatānvata ∣ vāsanato āṣya- ∣ sīdājyām ∣ grīṣma īdhmaśsaraddhaviḥ ∣ saptāṣyāsanparidhayaḥ ∣ trissapta samidhāḥ kṛtāḥ ∣ devā yadyaṃjāṃ tānvanāḥ ∣ abādhna- ∣ npuruṣaṃ pāsum ∣ tāṃ yajñāṃḥ barhiṣi prauksiḥ ∣ pūrṇaṃ jā- ∣ tamāgrataḥ || 3 ||
tenā devā ayājanta śādhyā śāyaśca ye \ tasmādyajñātsārvahutāḥ \ sambhyā̄ṁ prṣadājyam \ paśūgṣṭāgcākre vāyavyān \ āraṇyāṅgrāmyāśca ye \ tasmādyajñātsārvahutāḥ \ rçassāmāṇi jajñire \ chandāṇisi jajñire tasmāt \ yajjustasmādaṇajāyata|| 4 ||

tasmādasvā ajayanta ye ke cōbhayādātaḥ gāvo ha jajñire \ tasmāt \ tasmājjātā ājāvayaḥ \ yatpurūṣam vyādadhuh \ katidhā vyākalyayan \ mukhaṃ kimasya kau bāhūl kāvūrū pādāvucye \ brāhmaṇośya mukhāmāśīt bāhū rājanyāḥ kṛtaḥ || 5 ||

uṛu tadāṣyā yadvaisyaḥ \ padbhyaṃ śudro ajayata \ candramā \ manāso jātaḥ \ caṅṣossūryo ajayata \ mukhāindicāścāgniścāl \ prāṇādvāyurajayata \ nābyā āśīdantariṅkṣam \ śūrṇo dyauṣama- 
varta ṭa \ padbhyaṃ bhūmīrdividaśśrotraḥ \ tathā lokāṃ ākalpayan|| 6 ||

vedāhamaṃtām puruṣam mahāntam ādītyavārṇaṃ tamāsag- 
stu pārei sarvāṇi rūpāṇi vicitya dhirāḥ \ nāmāni kṛtvābhiva- 
dan yadāste \ dhātā puruṣādyamudājghārā \ sakrah pravidvān 
pradiśascatāsraḥ \ tamenaṃ vidvānaṃṣtā iha bhavati nānyaḥ 
panthā ayānāya vidyate \ yajñena yajñamāyajanta devāḥ \ tāni 
dharmāṇi prathamāṇyaśan \ te ha nākāṃ mahīmanāssacante 
yatra pūrve śādhyāissantā devāḥ || 7 ||
In case of lack of time to recite *puruṣasūktam*, each of the following two verses may be recited twice.

venṇey alainda kunuṅgum • vilaiyāḍu puzudiyum koṇḍu •
tiṇṇena ivvirā unnai • ttēyytu kkiḍakka nānoṭṭēn •
eṇṇey ppuḷippazām koṇḍu • ingettānai pōdum irundēn •
naṇṇal arīya pirānē • nāraṇā nīrāda vārāy
kārmali mēni nīrattu kkaṇṭa pirānai ugasdu
vārmali koṅgai yaśśdai maṭjanam āṭṭiya ārrai
pār mali tol puduvai kkōn paṭṭar pirān sōnna pāḍal
sīr mali sēn tamiz vallār tīvinai yādum ilarē

20. This is followed by wiping the Lord with the plotavastram by reciting

om namo nārāyaṇāya plotavastraṁ samarpayāmi

Pour the water collected from the bath and from the other four vessels into the pratigraha pātraṁ (vessel no. 7).

21. Pour water from the pūrṇakumbham (vessel no. 1) into vessels 2 through 6 such that they are only quarter full.

22. Cover arghya pātraṁ (vessel no. 2) with your right palm and recite

om namo nārāyaṇāya arghyaṁ parikalpayāmi

Cover pāḍya pātraṁ (vessel no. 3) with your right palm and recite

om namo nārāyaṇāya pāḍyaṁ parikalpayāmi

Cover ācamanīya pātraṁ (vessel no. 4) with your right palm and recite

om namo nārāyaṇāya ācamanīyaṁ parikalpayāmi

Cover pānīya pātraṁ (vessel no. 5) with your right palm and recite

om namo nārāyaṇāya pānīyaṁ parikalpayāmi

Cover sarvārthatoṣya pātraṁ (vessel no. 6) with your right palm and recite

om namo nārāyaṇāya sarvārthatoṣyaṁ parikalpayāmi
23. The next stage in bhagavadārādhanaṁ is the alaṅkārāsanam. Recite

\[
\text{deva deva jagannātha bhūsārakcandanaṅdikam\\ alaṅkārāsanam bhadramadhiṣṭha tṛtiyakam}\\
\]

Offer some puṣpam, tuḷasī or akṣata and request the Lord to accept alaṅkārāsanam by reciting

\[
\text{oṁ namo nārāyaṇāya alaṅkārāsanāya namaḥ}\\ \text{alaṅkārāsanam alaṅkurūṣva}
\]

Now offer arghyaṁ-pādyāṁ-ācamanīyaṁ-plotavastrāṁ to the Lord. Perform sōṣaṅaṁ-dāhanaṁ-plāvanaṁ-surabhimudrā-astramantraṁ to gandhaṁ (sandalwood paste). Recite

\[
gandhadvārāṁ dūrāḥarsāṁ nityapūṣṭāṁ karīṣiṅīṁ\\ īśvarīṁ sarvāḥbhūtānāṁ tāmihopāhvaye śriyam\\
\]

Apply the paste to the Lord by reciting

\[
oṁ namo nārāyaṇāya divya gandhān samarpayāmi\\
\]

24. Perform sōṣaṅaṁ-dāhanaṁ-plāvanaṁ-surabhimudrā-astramantraṁ to dhūpaṁ (incense stick). Now ring the bell and move the dhūpaṁ in a clockwise circular fashion around the Lord and recite

\[
dhūrāsi dhūrva dhūrvāntaṁ dhūrvatāṁ yośmān dhūrvāti tam dhūrvayaṁ vayaṁ dhūrvāmaṅstvaṁ devānāmasi\\
\]

Now, offer the dhūpaṁ to the Lord by reciting

\[
oṁ namo nārāyaṇāya divya dhūpaṁ āgrāpayāmi\\
\]
25. Perform śoṣaṇaṁ-dāhanam-plāvanam-surabhimudrā-astramantram to dīpaṁ (lamp). Now ring the bell and move the dīpaṁ in a circular fashion and recite

uddīpyasva jātavedo’paṅghannirśtiṁ mamā
pāśuṇīscamahyāmavāḥa jīvānaṅca diśō daśa

Now, offer the dīpaṁ to the Lord by reciting

om namo nārāyaṇāya divya dīpaṁ darśayāmi

26. The next stage in the bhagavadārādhanam is the mantrapuṣpaṁ. While offering some tulasi or aksata recite

hariḥ om ṛ agnimil e purohitam yajñasya ṭ devamrtvijām ho-
tāram ratnadhātāmam hariḥ om

hariḥ om ṣ iṣ e tvṛ orje tvā vāyavāsthau pāyavāstha devo vāssā-
vitā prārpaṇyantvā sreṣṭhātāmaṇāya karmāṇe hariḥ om

hariḥ om agna ayahi vītayē ṣṛṇāno havyadātayē nihotā
sathṣi barhisī hariḥ om

hariḥ om śannō devṝabrhiṣṭāya āpo bhavantu pītayē śa-
ṃyorabrhisrāvantu nah hariḥ om

hariḥ om omityagre vyāharet nama iti paścāt nārāyaṇā-
yetyuparīṣṭat omityekākṣaram nama iti dve aksare nārā-
yanayeti paṅcāksaraṇī etadvai nārāyaṇasyātāksāram padam
yo ha vai nārāyaṇasyātāksaraṁ padāmadhyeti\ anupabruvassarvamāyuṛeti\ vindate prājāpattyāṁ rāyaspoṣāṁ gaupatyaṁ\ tato'mṛtatvamaṇāṁ nūte tato'mṛtatvamaṇāṁ nūta iti\ ya evaṁ vedā\ ityupaniṣat\n
 icchāmo hi mahābāhum rāghuvirāṁ mahābalaṁ\ gajena mahatā’yaṁtaṁ rāmaṁ rāmaṁ chatrāvṛtānamanam\n
 taṁ dṛṣṭvā sātruhantāraṁ maharśiṇāṁ sukhāvaham\ babhūva hṛṣṭā vaidehih bhartāraṁ pariśasvaje\n
 tāsāmāvirabhūcchauriḥ smayamānamukhāmbuṣaḥ\ pītāmbaradharah sragvī sākṣānmathamanmathaḥ\n
 vaikuṇṭhetu pareloke śriyā sārdham jagatpatiḥ\ āste viṣṇuraciṇṭyātmā bhaktairbhāgavataissaha\n
 eṣa nārāyaṇa śrīmān kṣīrāṛṇavanikutanaḥ\ nāga paryaṅkamutsṛjya hyāgato madhurāṁ purīṁ\n
 śenrāl kuḍaiyāṁ* irundāl śīṅgāśanamāṁ*\ nīnṛāl maravaḍiyāṁ nil kaḍalul* enrum\ puṇaiyāṁ mani vilakkāṁ* pūm paṭṭāṁ pulgum\ aṇaiyāṁ* tirumārkaravu\n
 kadā punaḥ saṅkharathāṅgakalpaka-dhvajāravindaṅkuśavajralāṅchanam\ trivikrama tvaccharṇāmbujadvayaṇ\ madiyamūrdhānamalaṅkariṣyati\n
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27. Now arcanā is performed with either tulasi or puṣpaṁ while chanting the following for nārāyaṇā

\[
\begin{align*}
\text{oṁ vāsudevāya namaḥ} & \quad \text{oṁ saṁkarśanāya namaḥ} \\
\text{oṁ pradyumnāya namaḥ} & \quad \text{oṁ aniruddhāya namaḥ} \\
\text{oṁ keśavāya namaḥ} & \quad \text{oṁ nārāyaṇāya namaḥ} \\
\text{oṁ mādhavāya namaḥ} & \quad \text{oṁ govindāya namaḥ} \\
\text{oṁ viśnave namaḥ} & \quad \text{oṁ madhusūdanāya namaḥ} \\
\text{oṁ trivikramāya namaḥ} & \quad \text{oṁ vāmanāya namaḥ} \\
\text{oṁ śrīdharāya namaḥ} & \quad \text{oṁ hṛṣikeśāya namaḥ} \\
\text{oṁ padmanābhaẏa namaḥ} & \quad \text{oṁ dāmodarāya namaḥ} \\
\text{oṁ matsyāya namaḥ} & \quad \text{oṁ kūrmāya namaḥ} \\
\text{oṁ varāhāya namaḥ} & \quad \text{oṁ narasimhāya namaḥ} \\
\text{oṁ vāmanāya namaḥ} & \quad \text{oṁ bhārgavarāmāya namaḥ} \\
\text{oṁ daśarathārahāya namaḥ} & \quad \text{oṁ balarāmāya namaḥ} \\
\text{oṁ kṛṣṇāya namaḥ} & \quad \text{oṁ kalkine namaḥ}
\end{align*}
\]

and for mahālakṣmī

\[
\begin{align*}
\text{śrīyai namaḥ} & \quad \text{amṛtodbhavāyai namaḥ} \\
\text{kamalāyai namaḥ} & \quad \text{candrasodaryai namaḥ} \\
\text{viṣṇupatnyai namaḥ} & \quad \text{vaīṣṇavyai namaḥ} \\
\text{varārohāyai namaḥ} & \quad \text{harivallabhāyai namaḥ} \\
\text{śārīginīyai namaḥ} & \quad \text{devadevikāyai namaḥ} \\
\text{surasundaryai namaḥ} & \quad \text{mahālakṣmyai namaḥ}
\end{align*}
\]

śrībhūnīlādevi sameta śrīmate nārāyaṇāya namaḥ
28. The next stage in bhagavadārdhanam is bhojyāsanam. Offer your prayer to accept this āsana by reciting

\[
\text{mṛṣṭamedhīya sthīrānnī bhakṣyabhohyānyanekāśah}\ \text{sampannīni jagannātha bhojyāsanamupāśraya.}
\]

Offer puṣpa or aksata to present bhojyāsanam by reciting

\[
\text{om namo nārāyāṇāya bhojyāsanāya namah}\ \text{bhojyāsanama-laṅkurūṣva.}
\]

Now offer arghya-pādyam-ācamanīyam-plotavastram (see appendix) to the Lord.  

29. Place all the bhojyavastu (eatables) in the pūjā area and place a few tulasi petals on them. On items like cooked rice, cooked lentils and pāyasāṁ (sweet pudding), add a small quantity of clarified butter. Sprinkle a spoonful of water from arghya pātraṁ (vessel no. 2) and perform śoṣaṇāṁ-dāhanaṁ-plāvanaṁ-surabhimudrā-astra-mantraṁ to bhojyavastu. Recite

\[
\text{asatyamaśucīṁ nīcamaparādhaika bhājanam.}
\text{alpaśaktīṁ acaitanyam anarhaṁ tvatkriyāsvapi.}
\text{māmanādṛtya durbuddhiṁ svayaiva kṛpayā vibho.}
\text{atiprabhūtamatyanta bhaktisnehopapāditam.}
\text{śuddham sarvaguṇopetāṁ sarvadoṣa vivarjitam.}
\text{svānurūpaṁ viśeṣena svadevyoḥ sadṛśaṁ guṇaiḥ.}
\text{tvamevedam haviḥ kṛtvā svīkurūṣvavā sureśvara.}
\text{pāyasāṇam guḍāṇṇam ca mudgāṇṇam śuddhamodanam.}
\]

Now offer three spoonfuls of water to the Lord from the pānīya pātraṁ (vessel no. 5), each time reciting
om namo nārāyaṇāya arhaṇāṁbu samarpayāmi

Ring the bell with your left hand. Configure grāsamudrā with your right hand, as shown in Figure 4.

Figure 4: Configuring grāsa mudrā with your right hand.

This is done by holding the thumb, middle and ring fingers together and leaving the index and little fingers free. Now move the right hand with this configuration from the cooked rice to the Lord and recite

om namo nārāyaṇāya annaṁ nivedayāmi

and undo the grāsamudrā configuration. Again configure the grāsamudra and move from each item you wish to offer the Lord and recite the appropriate offering mantra and undo the grāsamudrā configuration. For example,

om namo nārāyaṇāya sūpavyaṁjanādikam nivedayāmi
om namo nārāyaṇāya pāyasa bhakṣaṇāni nivedayāmi

While you offer the bhojyavastu, offer a spoonful of water from the pānīya pātraṁ (vessel no. 5) from time to time by reciting

om namo nārāyaṇāya pānīyaṁ samarpayāmi

After offering all the bhojyavastu, recite
om namo nārāyaṇāya amṛtāpidhānamasi

Now offer a spoonful of water from sarvārthatoya pātram (vessel no. 6) and recite
om namo nārāyaṇāya gaṇḍūṣam samarpayāmi

Again offer a spoonful of water from sarvārthatoya pātram (vessel no. 6) while reciting
om namo nārāyaṇāya mukhaprakṣālanam samarpayāmi

Offer another spoonful of water from sarvārthatoya pātram (vessel no. 6) while reciting
om namo nārāyaṇāya hastaprakṣālanam samarpayāmi

Now offer arghyam-pādyam-ācamanīyam-plotavastram to the Lord.

30. The next stage in bhagavadārādhanam is punarmantrāsanam. Offer tulasi for presenting punarmantrāsanam and meditate that the Lord, along with His consorts, is seated on the āsanam.

maṃtrāsanamidam tubhyam mayā dattamanuttamam
kūrcena śodhitaṁ viṣṇo punarāsādaya prabho

Now offer arghyam-pādyam-ācamanīyam-plotavastram to the Lord. Perform the sōṣaṇam-dāhanam-plāvanam-surabhimudrā-astramantram to the phalatā-mbūlam (plate of fruits, beetle nuts and leaves). Now offer the fruits to the Lord by reciting
om namo nārāyaṇāya phalatāmbuladīni samarpayāmi

Offer three spoonfuls of water from ācamanīyam pātraṁ (vessel no. 4) to the Lord, each time reciting
om namo nārāyaṇāya ācamanīyam samarpayāmi

Offer the plotavastram to the Lord by reciting
om namo nārāyaṇāya plotavastram samarpayāmi
31. Perform the *sōṣaṇaṁ-dāhanam-plāvanam-surabhimudrā-astramantram* to the lamp lit by *karpūraṁ* (camphor) or cotton wig. Wave the camphor light in a clockwise circular fashion with your right hand while ringing the bell with your left and reciting

\[
\begin{align*}
\text{tadviśṇोḥ pariṁaṁ pādaṁ sadā paśyanti sūrayāḥ} & \divīva \\
caksüratātām & \text{tadviprāso vipānyavo jāgrvāṁ sassamindhate} \\
\text{viṣṇoryatpāramat pariṁ pādam}.
\end{align*}
\]

\[
\begin{align*}
paryāptyā anāntarāyāya sarvāstomo’ti rātra ०\text{uttama maha-} \\
rbhavati & \text{sarvasyāptyaṁ sarvāsyā jityai sarvāmeva tenāpnoti sarvām jayati}.
\end{align*}
\]

Offer the *nīrājanaṁ* or *maṅgalārati* to the Lord by reciting

\[
\begin{align*}
om namo nārāyaṇāya divya karpūra nīrājanaṁ samarpayāmi
\end{align*}
\]

Offer three spoonful of water from *ācamaniyaṁ pātraṁ* (vessel no. 4) to the Lord, each time reciting

\[
\begin{align*}
om namo nārāyaṇāya ācamaniyaṁ samarpayāmi
\end{align*}
\]

Offer a *plotavastram* to the Lord by reciting

\[
\begin{align*}
om namo nārāyaṇāya plotavastram samarpayāmi
\end{align*}
\]

32. The next stage in the *bhagavadārādhanam* is *śāttumurai*. Recite

\[
\begin{align*}
\text{śīrram śirukāle vandunnai śēvittu} & \text{* un} \\
\text{porrāmarai aḍiyē pōrrum porul kēlāy} & \text{*} \\
\text{perram mēyttuṇṇum kulattil pirandu} & \text{nī} \\
\text{kurēval ēṅgalai kkollāmal pōgādu} & \text{*} \\
\text{irrēi pparai kolvān anru kān gōvindā}
\end{align*}
\]
erraiikkum ēzēz piravikkum* unrnno-
durrōmēyavōm unakkē nām āṭceyvōm*
mārrai nam kāmaṅgal mārrēlor embāvāy

vaṅga kkaḍal kaḍainda mādavanai kkēsavanai*
tingal tirumugattu sēyizaiyār senriraiñji*
anā pparai koṇḍavārrai* anī puduval
ppaingamala ttan teriyal patṭarbirān kōdai sōnna*
śaṅga ttamizmālai muppadum tappāmē*
ingippariśuippār īriranḍu māl varai ttōl*
seṅgaṅ tirumugattu ccelva ttirumālāl*
ēngum tiruwarul perrinbuwrvar embāvāy

pallāṇḍu pallāṇḍu pallāyirattāṇḍu*
pala kōḍi nūrāyiram*
mallāṇḍa tintōl maṇīvaṇṇā* un-
śevāḍī śevvi tirukkāppu

ādiyōmōdum ninnōdum pirivinrī āyiram pallāṇḍu*
vaḍivāy nivala mārbinil vāzginra maṅgaiyum pallāṇḍu*
vaḍivār śōdi valatturaiyum śudāraziyum pallāṇḍu*
padaipōr pukku muzaṅgum appāṅjaśanniyamum pallāṇḍē

sarvadeśadaśākāleśvavvāyataparākramā\
rāmānujāryadivyājñā vardhatāmabhivardhatām∥

rāmānujāryadivyājñā prativāsaramujjvalā\
digantarvätipi bhūyātsā hi lokaḥitaisiṇi∥
śrīman śrīraṅgaśriyamanupadravā-manudinam saṃvardhaya
śrīman śrīraṅgaśriyamanupadravā-manudinam saṃvardhaya

namo rāmānujāryāya vedāntārtha-pradrāṣṭāyī
treyapadamanābhāvyasutāya guṇāśālinī
rāmānujadayāpātraṃ jñānavaṁśāvyabhūṣaṇaṃ
śrīmadvedānta-caṇāthārtyam vande vedāntadeśikān

vāzi irāmanuja ppillān mādagavāl
  vāzum aṁśinigamāntaguru - vāziyavan
māraṇ maraiyum irāmānujaṃ bhāṣiyamum
tērum paḍiyuraikkum śīr
vaṅja pparaśamayam māraṇavandōn vāziyē
tannupugaz ppūḍūrān maṇamugappōn vāziyē
danja ttirumaṅgaugag kagakavandōn vāziyē
danjanurai kuḍikona karuttukaivōn vāziyē
danjanalaimāl tirumaṇiyāy cciṅkavandōn vāziyē
taṅja pparagatiyai ttandarulvōn vāziyē
danjanatit tiluvēṅgaṇḍavan vāziyē
dānilamun tānvāza nānmaṛaṅgal tāmvāza
  mānaṅgarin māraṇ maṅraivāza - nāniyargarā
  sēnniyaṇi śēr ttūppul vēdānta deśikanē
ingnumor nūrrāṇḍirum
vāziyāṇi tūppul varu nigamāntāśirīyan
vāziyāvan pādāravindamalar - vāziyāvan
kōdilā ttāṃmalarai kkōṇḍādi kkōṇḍirukkum
tīdilā nallōr tirāl

33. Next stage in the bhagavadārādhanakramaṁ is paryaṅkāsanaṁ.

deva svāmin jagannātha śriyā bhūmyā ca nīlayā\jjagadrakṣaṇājāgāryāṁ yoganidrāmupākuru\]

Offer some tuḷasī or puṣpam to present the paryaṅkāsanaṁ and meditate that the Lord and His consorts have graced the āsanaṁ and recite

om namo nārāyaṇāya paryaṅkāsanāya namaḥ\paryaṅkāsanaṁ

Now offer arghyam-pādyam-ācamaniyam-plotavastram to the Lord.

34. Next recite

ajñānādathavā jñānādaśubhaṁ yanmayā kṛtam\kṣantumarhasi tatsarvaṁ dāsyena ca gṛhāṇa mām\]
jñānato’jñānato vāpi vihitam yanmayā śubham\tatsarvaṁ pūrṇamevāstu prīto bhava janārdana\]

upacārapadesena kṛtānaharāharmayaṁ\apacārānimān sarvān kṣamasva puruṣottama\]

Prostrate before the Lord. Then śālagrāma (or idols used for the bhagavadārādhanaṁ) should be replaced in their original box(es). This is usually done with closed eyes.
35. The last stage in the *bhagavadārādhanaṃ* is the *sātvika tyāgam*. This is done by reciting

*bhāgavāneva svaniyāmya svarūpaston pravṛtti svaśeṣatai-ka rasena anena ātmanā kartrā svakīyaisca upakaraṇaiḥ svā-rādhanaikeprayojanāya paramapuruṣaiḥ sarvaśeṣā śriyāḥpatiḥ svośeṣa bhūtāmidam bhagavat ījyārādhanaākhyaiṃ karma svo-smai svaprītaye svayameva kāritavān ī

Offer all the fruits of this *bhagavadārādhanaṃ* to the Lord by reciting

*sarvam śrīkṛṣṇārpaṇamastu*

The left over water in vessels 2 through 6 should be poured into *pratigraha pātraṃ* (vessel no. 7). The performer must first accept the *tīrtham* (water) from *pratigraha pātraṃ* (vessel no. 7) and then offer it to other members in the family.

36. If time permits, you could recite *śrī desika maṅgalām* while offering the *tīrtham* to others.

*śrīmallakṣmaṇa yogindra siddhānta vijayadhvajam ī
viśvāmitra kulodbhūtam varadāryamaṇaḥ bhaje ī*

*sarvatantra svatantrāya simhāya kavivādinaṁ ī
vedāntācārya varyāya veṅkaṭeśāya maṅgalām ī*

*nabhasyamāsi śroṇāyām avatīrṇāya sūraye ī
viśvāmitrānvayāyāstu veṅkaṭeśāya maṅgalām ī*

*pitā yasyānantasūriḥ puṇḍarikākṣa yajvānah ī
pautro yastanayastotārambāyāstasya maṅgalām ī*
venkaṭeśāvatāro’yaṁ tadghaṇṭāṃśo’thavā bhavet\  
yatindrāṃśo’thavetyevamḥ vitarkyāyāṣṭu maṅgalam∥

śrībhāṣyakāraḥ panthāṇam ātmanā darśitaṃ punaḥ\  
uddhartumāgato nūnam ityuktāyāṣṭu maṅgalam∥

yo bālye varadāryasya prācāryasya parāṃ dayām\  
avāpya vṛddhīgamitaḥ tasmai yogyāya maṅgalam∥

rāmānujāryādātreyat mātulāt sakalāḥ kalāḥ\  
avāpa viṃśatyaśde yaḥ tasmai prājñāya maṅgalam∥

śrutaprakāśikā bhūmav yenaḥ parirakṣitā\  
pravartitā ca pātreṣu tasmai śreṣṭhāya maṅgalam∥

sāṁskṛtibhirdrāmidibhiḥ bahvibhiḥ kṛtibhirjanān\  
yassamujjivayāmāsa tasmai sevyāya maṅgalam∥

yaḥ khyāti lābha pūjāsu vimukho vaiṣṇave jane\  
krayaṇīya daśāṃ prāptaḥ tasmai bhavyāya maṅgalam∥

yasmādeva mayā sarvam śāstramagrāhi nānyatah\  
tasmai venkaṭanāthāya mama nāthāya maṅgalam∥

pitre brahmopadesṭre me gurave daivatāya ca\  
prāpyāya prāpakāyāṣtu venkaṭeśāya maṅgalam∥

yaḥ kṛtāṃ varadāryeṇa vedāntācārya maṅgalam\  
āśāste’nudinaṃ so’pi bhaven maṅgala bhājanam∥

bhādrapadamāsagata viṣṇuvimalarkṣe  
venkaṭamahīdhrapati tīrthadinahūte∥
prādūrabhavājagati díaṭya ripuḥaṇṭā
hanta kavitārkika mṛgendra guruṃūrtyā∥

saśāṅkhacakralānchanaḥ sadūrdhvasaṇḍramanḍitaḥ
sakaṃṭhalagnasattulasyanargha padmamālikaḥ∥
sitāntariya sūttarīya yajñastra śobhitaḥ
mamāvirastu mānase guruḥ sa veṅkateśvaraḥ∥

ananta sūri sūnaveśhinandyamāna vaibhavād
diganta vaḍihamsa jaitrakaḷamegha desikat∥
upāṭṭa sarvaśāsanāya hanta varṣa viṃśatāu
punāḥpunarnamaskriyā'stu veṅkaṭeṣa sūraye∥

kavitārkika kalabhavraja kalalikṛtisāṁhāṃ
kamalāpiṇi karuṇārasa parivardhita bodham∥
yatināyaka padapaṅkaja yugali paratantraṃ
bhaja mānasa budhaveṅkaṭapatidesikamaniśam∥

kalaye satataṃ karuṇā jaladhīṃ
karuṇā viṣayaṃ kamalādhīpateḥ∥
kali vairi śaṭhāri vaco rasikaṃ
kavitārkika kesari sūri guruṃ∥

gurau vāḍihamsaṃbuddācāryaśisyey
janā bhaktihīnā yatindrāpriyāḥ syuḥ∥
yatindrāpriyā viṣṇu kāruṇyaḍūraḥ
kuto muktivārtā hi tādṛṣṭvidhānam∥

vede saṁjāta khede munijana
vacane prāptanītyāvamāne
saṁkīrṇe sarvavarṇe sati tadanu-
guṇe nispramāṇe purāṇe
māyāvāde samode kalikaluṣa
tvaścchūnyavāde'vivaḍe
dharmatrāṇāya yo'bhūt sa jayati
bhagavān viṣṇu ghaṭāvatāraḥ

kavitārkikasiṃhāya kalyāṇaguṇaṃśāline
śrīmate veṅkaṭesāya vedāntagurave namaḥ

vādīdvipaśirobhaṅgapaṅcānanaparākramaḥ
śrīmān veṅkaṭanāthāryaḥ ciraṃ vijayatāṃ bhuvi
laghu bhagavadārādhanakramaḥ

Procedure for performing

śoṣāṇaṃ-dāhanam-āśvamanam

or

śoṣāṇaṃ-dāhanam-āśvamanam-surabhimudrā-astramantrā

to the item under consideration

Either imagine the word *yaṃ* written on your right palm or scribe the word *yaṃ*, in the script you are comfortable with, on your right palm with your left index figure, as shown in Figure 5.

![Figure 5: Scribing *yaṃ* on your right palm with the left index finger.](image)

Show the right palm to the item under consideration (IUC) and recite

*yāṃ vāyave namah śoṣayāmi*

Now, again imagine the word *raṃ* written on your right palm with the left index finger. Show the right palm to the IUC and recite

*raṃ agnaye namah dāhayāmi*

Now imagine the word *vaṃ* written on your left palm or scribe the word *vaṃ*, on your left palm with your right index figure, as shown in with your right index finger, as shown in Figure 6. Show the left palm to the IUC and recite

*vaṃ amṛtāya namah plāvayāmi*
Develop the *surabhi mudrā* on your hands as shown in Figure 7. This is done by touching your left little and right ring fingers, left ring and right little fingers, left index and right middle fingers, and left middle and right index fingers.

Show this posture to the IUC and recite

\[
\text{om \ sum \ surabhimudrāyai namah} \]

Now snap with your hand over the IUC, as shown in Figure 8 while moving your hand in a clockwise circular fashion and recite

\[
vīryāya astrāya phaṭ\]

The procedure of doing *śoṣaṇaṃ, dāhanaṃ* and *plāvanaṃ* to the IUC will be referred to as *śoṣaṇaṃ-dāhanaṃ-plāvanaṃ* to that IUC, for brevity. Similarly the procedure of doing *śoṣaṇaṃ, dāhanaṃ* and *plāvanaṃ* to the IUC, showing the *surabhi mudrā* to the IUC...
and performing the *astramantram* over the IUC will be referred to as *śoṣaṇaṃ-dāhanaṃ-plāvanāṃ-surabhīmudrā-astramantram* to that IUC, for brevity.
Procedure for offering

ḥṛtyaṁ-pādyāṁ-ācamanīyaṁ-plotavastram

to the Lord

Hold a spoonful of water from the ṛghya pātraṁ (vessel no. 2) in your right hand while ringing the bell with your left hand and offer it to the Lord while reciting

om namo nārāyaṇāya arghyaṁ samarpayāmi

Visualize His having accepted your offering in His right hand and pour this water into the pratigraha pātraṁ (vessel no. 7). Hold a spoonful of water from the pādyā pātraṁ (vessel no. 3) in your right hand while ringing the bell with your left hand and offer it to the Lord’s feet while reciting

om namo nārāyaṇāya pādyāṁ samarpayāmi

and pour this water into the pratigraha pātraṁ (vessel no. 7). This must be done twice. Now, hold a spoonful of water from the ācamanīya pātraṁ (vessel no. 4) in your right hand while ringing the bell with your left hand and offer it to the Lord’s right hand while reciting

om namo nārāyaṇāya ācamanīyaṁ samarpayāmi

and pour this water into the pratigraha pātraṁ (vessel no. 7). This must be done three times. Show plotavastram (a piece of sanctified cloth used exclusively for the Lord or sālagrāma) to the Lord and recite

om namo nārāyaṇāya plotavastram samarpayāmi

This combination of offering of water from the ṛghya pātraṁ (vessel no. 2) once, from the pādyā pātraṁ (vessel no. 3) twice and from ācamanīya pātraṁ (vessel no. 4) three times followed by showing plotavastram will be referred to as the process of offering ṛghyaṁ-pādyāṁ-ācamanīyaṁ-plotavastram to the Lord, for brevity.
Taniyans of some ācāryas of

srīraṅgaṁ srīmadāṇḍavān āśramam

srīvedānta rāmānuja mahādesikan

srīmadvedānta rāmānuja muni
   karuṇālabdha vedānta yugmam
srīmad śrīvāsayogīśvara
   gurupadayorarpita svātma bhāram\nśrīmad śrīraṅganāthāhvaya
   munikṛpayā prāpta mokṣāśramam taṇ
srīmad vedānta rāmānuja muni-
   maparam saṃśraye desikendram\n
śrīśrīnivāsa rāmānuja mahādesikan

śrīmat śrīvāsayogīśvara
   munikarunālabdha vedāntayugmam
śrīmat vedāntarāmānuja
   gurupadayorarpitasvātmabhāram\nśrīmat śrutiyanta rāmānuja
   yatinṛpatēḥ prāpta mokṣāśramam taṇ
śrīmat śrīvāsaraṃānujamunim
   saṃśraye jñānavārddhim\n
śrīraṅgarāmānuja mahādesikan

vedānta lakṣmanā munindra kṛpātta bodham
   tatpāda yugmasarasīruha bhṛṅgarājam\ntrayyanta yugma kṛtabhūri pariśramam taṇ
   śrīraṅga lakṣmanāmunim śaraṇam prapadye\n
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Taniyans of some ācāryas of

ahobila maṭham

śrīvīrārāghava śaṭhakopa yatindra mahādesikan

śrīmat śrīraṅgapṛthviśvara-
śaṭharipūṇā saṃyamīndreṇa dṛṣṭaṃ
yastātmānam nṛsimhe narahari-
śaṭhajityoginetuḥ prasādāt\ prājñaśrīraṅgakāriprabhava-
yatipeṭeḥ prāptalakṣmīṃṛṣimhā-
sthānam seve yatindram sakalaguṇa-
nidhiṃ vīraraghvīṭ chaṭhārim\

śrīvedānta desika yatindra mahādesikan

śrīraṅganāthaśaṭhakopayatindradṛṣṭaṃ
lakṣmīṃṛṣimhaśaṭhajitkaruṇaikapātram\ śrīraṅgavīrāraghurāṭśaṭhakopahṛdyam
vedāntadesikayatindramahāṃ prapadye\

śrīnārāyaṇa yatindra mahādesikan

śrīmadraṅgaśaṭhāri saṃyamivarāllabdhāgamāntadvayam
śrīmadvīraraghudvahādyasaṭhajitpādāravindāśrayam\ śrīmadvedavataṃsaṃdesikayateḥ kārṇyavikṣāspadam
seve raṅgadhurīṇaśāsanavasyaṃ nārāyaṇaṃ yoginam\
laghu bhagavadārādhanakramaḥ

Taniyans of some ācāryas of
agnihotram tātadeśikan saṃpradāyam

śrīśailārya samudbhutam vātsalyādi guṇārṇavam
sundarārya vande vedāntadvayadeśikam

śrīśailāryatanūbhavasya tanayāṇi śrīvedacūḍāguroḥ
śrīmatsundaratātadeśikapada dvandvāśrayam nirmalam
śāntikṣānti guṇākaraṃ munivarādvedāntarāmānujāt
saṃprāptaṭirahasyasāraḥṣaṭayaṃ śrīveṅkaṭeṣaṃ bhaje

śrīvāsataṭamahivarya kṛpāttā mantraṃ
tāte agnihotra niratātmani tātayārye
nyastātmabhāraṃ amalam paripūṛṇa bodhaṃ
rāmānujārya guruvarvyaḥamahṃ prapadye
Taniyans of some ācāryas of

paunḍarīkapuraṁ āṇḍavan āśramam

śrīmad śrīnivāsa mahādesikan

śrīnārāyana yogīndra varadārya kṛpaśrayam
raṅgesapāda vinataṁ śrīnivāsa muniṁ bhaje

śrīmad śrīraṅganātha mahādesikan

ādyāśrīnīdhiyogi labdhamanurūṭ śrīvāsāramānuṣjāt
saṃprāptānkanamantrajātamaṇḍapa śrīvāsāyogīśvarūṭ
prāptāntāśrama vedamauliyugalāṁ tenārpitaṁ śrīpātau
jñānābdhiṁ sugunākaram muniṁvaram śrīraṅganātham
bhaje

śrīmad śrīnivāsa mahādesikan

nārāyaṇākhyā yatirāja padābjabhṛṅga
śrīvāsāyogi gurunārpita bhāramiśe
bhaktyādi pūrṇa varadārya kṛpattacihnam
śrī śrīnivāsa muniṁvaramaham prapadye

śrīmad gopāladesika mahādesikan

śrīvāsa raṅga parakāla munitrayāpta
lakṣmātim raksana yatitva yugāgamāntam
ācārya bhakti paripūtaṁ anargha śilam
gopāladesika muniṁ gurum āśrayāmaḥ
Taniyans of some ācāryas of
parakāla maṭham

śrīmadabhinava raṅganātha brahmatantra parakāla maḥādeśikan

śrīkṛṣṇabrahmatantrottama
guruṇāvāpta cakrāṅkabhāṣyam
vairāgyācāravarārdho varadapadmuke
lakṣmaṇe nyastabhāram\nśrīvāgīśāttaturyaṁ satḥaripu-
yatiráḍveda cūḍāryamūrtim
nūtnam śrīraṅganāthaṁ kaliripu-
managhaṁ brahmatantraṁ śrayāmah\nśrīturagavadana pādūsantataparicaraṇamātra paramārthah\njayatu śrīmānabhinava raṅgendrabrahmatantra parakālaḥ\nśrīmadabhinava śrīnivāsa brahmatantra parakāla maḥādeśikan
śrīkṛṣṇa brahmatantrābhidhakalimatha-
nāllabdhacakrāṅka bhāṣyam
navya śrīraṅganāthe kalimathanagurā-
varpitātmīyabhāram\ntaddīkṣālabdhaturyamḥ hayavadana
padatrāṇasevādhurīṇam
dhyāyeyamḥ brahmatantraṁ kalimathana-
gurum śrīnivāsaṁ navīnam\nśrīmallakṣmī hayagrīva pādukā divya sevako vaṣī\njiyāṇnavya śrīnivāsa parakāla gurūttamaḥ\n
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śrīmadabhinava rāmānuja brahmatantra parakāla mahādesikan
nūtana śrīraṅganāthāgrīmapadakalijilladbhacakraṅkana
śrī trayyantadvandva tatvaṁ tadanagha-carananyastabhāraṇaḥ yatīndrā
dratyagra śrīnīvāsāt samadhigata-turyāśraṇaṁ saṃśrayāmaḥ
navyaṁ rāmānujākhyāṁ kalimathana-gurum brahmatantra svatantram\

lakṣmīhayāsyā pādūvariavasyai kāntamānasassatatam\
jayatu śrīmadabhinava rāmānuja yogindra parakālaḥ\

śrīmadabhinava vāgīśa brahmatantra parakāla mahādesikan
śrīmannūtana raṅganātha
yatirāḍāptātma vidyālayaṁ
śrīmannūtana lākṣmaṇārya yatirā
dsauṃprāpta turyāśramam\
śrīvāsendra kaṭākṣa santata-
sudhālakṣyātma yogāṅcitaṁ
śrīmannūtana vāgadhīśayamināṁ
bhaktyāśrayāmo gurum\

navya vāgīśayogindram hayāsyapadasevinam\
brahmatantra svatantrāryaṁ bhajāmassvātmasampadam\