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śrīmatē rāmānujāya namaḥ

śrīmatē nigamāntamahādēśikāya namaḥ

ōṃ namō bhagavatē vāsudēvāya

maharṣi vēdavyāsapraṇītaṃ śrīmadbhāgavatamahāpurāṇam

॥ *ēkādaśaskandhē aṣṭāviṃśō'dhyāyaḥ* ॥

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Sunder Kidāmbi

with the blessings of

śrī raṅgarāmānuja mahādēśikan

His Holiness śrīmad āṇḍavan śrīraṅgam

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॥ *ēkādaśaskandhē aṣṭāviṃśō'dhyāyaḥ* ॥

śrībhagavānuvāca
parasvabhāvakarmāṇi na praśaṃsēnna garhayēt ।
viśvamēkātmakaṃ paśyan prakṛtyā puruṣēṇa ca ॥ **1** ॥

parasvabhāvakarmāṇi yaḥ praśaṃsati nindati ।
sa āśu bhraśyatē svārthādasatyabhinivēśataḥ ॥ **2** ॥

taijasē nidrayā"pannē piṇḍasthō naṣṭacētanaḥ ।
māyāṃ prāpnōti mṛtyuṃ vā tadvannānārthadṛk pumān ॥ **3** ॥

kiṃ bhadraṃ kimabhadraṃ vā dvaitasyāvastunaḥ kiyat ।
vācōditaṃ tadanṛtaṃ manasā dhyātamēva ca ॥ **4** ॥

chāyāpratyāhvayābhāsā hyasantō'pyarthakāriṇaḥ ।
ēvaṃ dēhādayō bhāvā yacchantyāmṛtyutō bhayam ॥ **5** ॥

ātmaiva tadidaṃ viśvaṃ sṛjyatē sṛjati prabhuḥ ।
trāyatē trāti viśvātmā hriyatē haratīśvaraḥ ॥ **6** ॥

tasmānna hyātmanō'nyasmādanyō bhāvō nirūpitaḥ ।
nirūpitēyaṃ trividhā nirmūlā bhātirātmani ।
idaṃ guṇamayaṃ viddhi trividhaṃ māyayā kṛtam ॥ **7** ॥

ētad vidvān maduditaṃ jñānavijñānanaipuṇam ।
na nindati na ca stauti lōkē carati sūryavat ॥ **8** *॥*

pratyakṣēṇānumānēna nigamēnātmasaṃvidā ।
ādyantavadasajjñātvā niḥsaṅgō vicarēdiha ॥ **9** *॥*

uddhava uvāca
naivātmanō na dēhasya saṃsṛtirdraṣṭṛdṛśyayōḥ ।
anātmasvadṛśōrīśa kasya syādupalabhyatē ॥ **10** *॥*

ātmāvyayō'guṇaḥ śuddhaḥ svayañjyōtiranāvṛtaḥ ।
agnivaddāruvadaciddēhaḥ kasyēha saṃsṛtiḥ ॥ **11** *॥*

śrībhagavānuvāca
yāvad dēhēndriyaprāṇairātmanaḥ sannikarṣaṇam ।
saṃsāraḥ phalavāṃstāvadapārthō'pyavivēkinaḥ ॥ **12** *॥*

arthē hyavidyamānē'pi saṃsṛtirna nivartatē ।
dhyāyatō viṣayānasya svapnē'narthāgamō yathā ॥ **13** *॥*

yathā hyapratibuddhasya prasvāpō bahvanarthabhṛt ।
sa ēva pratibuddhasya na vai mōhāya kalpatē ॥ **14** *॥*

śōkaharṣabhayakrōdhalōbhamōhaspṛhādayaḥ ।
ahaṅkārasya dṛśyantē janma mṛtyuśca nātmanaḥ ॥ **15** *॥*

dēhēndriyaprāṇamanō'bhimānō
jīvō'ntarātmā guṇakarmamūrtiḥ ।
sūtraṃ mahānityurudhēva gītaḥ
saṃsāra ādhāvati kālatantraḥ ॥ **16** *॥*

amūlamētad bahurūparūpitaṃ
manōvacaḥprāṇaśarīrakarma ।
jñānāsinōpāsanayā śitēna -
cchittvā munirgāṃ vicaratyatṛṣṇaḥ ॥ **17** *॥*

jñānaṃ vivēkō nigamastapaśca
pratyakṣamaitihyamathānumānam ।
ādyantayōrasya yadēva kēvalaṃ
kālaśca hētuśca tadēva madhyē ॥ **18** *॥*

yathā hiraṇyaṃ svakṛtaṃ purastāt
paścācca sarvasya hiraṇamayasya ।
tadēva madhyē vyavahāryamāṇaṃ
nānāpadēśairahamasya tadvat ॥ **19** *॥*

vijñānamētattriyavasthamaṅga
guṇatrayaṃ kāraṇakāryakartṛ ।
samanvayēna vyatirēkataśca
yēnaiva turyēṇa tadēva satyam ॥ **20** *॥*

na yat purastāduta yanna paścā -
nmadhyē ca tanna vyapadēśamātram ।
bhūtaṃ prasiddhaṃ ca parēṇa yad yat
tadēva tat syāditi mē manīṣā ॥ **21** *॥*

avidyamānō'pyavabhāsatē yō
vaikārikō rājasasarga ēṣaḥ ।
brahma svayañjyōtiratō vibhāti
brahmēndriyārthātmavikāracitram ॥ **22** *॥*

ēvaṃ sphuṭaṃ brahmavivēkahētubhiḥ
parāpavādēna viśāradēna।
chittvā''tmasandēhamupāramēta
svānandatuṣṭō'khilakāmukēbhyaḥ ॥ **23** ॥

nātmā vapuḥ pārthivamindriyāṇi
dēvā hyasurvāyujalaṃ hutāśaḥ।
manō'nnamātraṃ dhiṣaṇā ca sattva -
mahaṅkṛtiḥ khaṃ kṣitirarthasāmyam ॥ **24** ॥

samāhitaiḥ kaḥ karaṇairguṇātmabhi -
rguṇō bhavēnmatsuviviktadhāmnaḥ।
vikṣipyamāṇairuta kiṃ nu dūṣaṇaṃ
ghanairupētairvigatai ravēḥ kim ॥ **25** ॥

yathā nabhō vāyvanalāmbubhūguṇai -
rgatāgatairvartuguṇairna sajjatē।
tathākṣaraṃ sattvarajastamōmalai -
rahammatēḥ saṃsṛtihētubhiḥ param ॥ **26** ॥

tathāpi saṅgaḥ parivarjanīyō
guṇēṣu māyāracitēṣu tāvat।
madbhaktiyōgēna dṛḍhēna yāvad
rajō nirasyēta manaḥ kaṣāyaḥ ॥ **27** ॥

yathā''mayō'sādhucikitsitō nṛṇāṃ
punaḥ punaḥ santudati prarōhan।
ēvaṃ manō'pakvakaṣāyakarma
kuyōginaṃ vidhyati sarvasaṅgam ॥ **28** ॥

kuyōginō yē vihitāntarāyai -
rmanuṣyabhūtaistridaśōpasṛṣṭaiḥ ।
tē prāktanābhyāsabalēna bhūyō
yuñjanti yōgaṃ na tu karmatantram ॥ **29** *॥*

karōti karma kriyatē ca jantuḥ
kēnāpyasau cōdita ānipātāt ।
na tatra vidvān prakṛtau sthitō'pi
nivṛttatṛṣṇaḥ svasukhānubhūtyā ॥ **30** *॥*

tiṣṭhantamāsīnamuta vrajantaṃ
śayānamukṣantamadantamannam ।
svabhāvamanyat kimapīhamāna -
mātmānamātmasthamatirna vēda ॥ **31** *॥*

yadi sma paśyatyasadindriyārthaṃ
nānānumānēna viruddhamanyat ।
na manyatē vastutayā manīṣī
svāpnaṃ yathōtthāya tirōdadhānam ॥ **32** *॥*

pūrvaṃ gṛhītaṃ guṇakarmacitra -
majñānamātmanyaviviktamaṅga ।
nivartatē tat punarīkṣayaiva
na gṛhyatē nāpi visṛjya ātmā ॥ **33** *॥*

yathā hi bhānōrudayō nṛcakṣuṣāṃ
tamō nihanyānna tu sad vidhattē ।
ēvaṃ samīkṣā nipuṇā satī mē
hanyāttamisraṃ puruṣasya buddhēḥ ॥ **34** *॥*

ēṣa svayañjyōtirajō'pramēyō
mahānubhūtiḥ sakalānubhūtiḥ ।
ēkō'dvitīyō vacasāṃ virāmē
yēnēṣitā vāgasavaścaranti ॥ **35** *॥*

ētāvānātmasammōhō yad vikalpastu kēvalē ।
ātmannṛtē svamātmānamavalambō na yasya hi ॥ **36** *॥*

yannāmākṛtibhirgrāhyaṃ pañcavarṇamabādhitam ।
vyarthēnāpyarthavādō'yaṃ dvayaṃ paṇḍitamāninām ॥ **37** *॥*

yōginō'pakvayōgasya yuñjataḥ kāya utthitaiḥ ।
upasargairvihanyēta tatrāyaṃ vihitō vidhiḥ ॥ **38** *॥*

yōgadhāraṇayā kāṃścidāsanairdhāraṇānvitaiḥ ।
tapōmantrauṣadhaiḥ kāṃścidupasargān vinirdahēt ॥ **39** *॥*

kāṃścinmamānudhyānēna nāmasaṅkīrtanādibhiḥ ।
yōgēśvarānuvṛttyā vā hanyādaśubhadāñchanaiḥ ॥ **40** *॥*

kēcid dēhamimaṃ dhīrāḥ sukalpaṃ vayasi sthiram ।
vidhāya vividhōpāyairatha yuñjanti siddhayē ॥ **41** *॥*

na hi tat kuśalādṛtyaṃ tadāyāsō hyapārthakaḥ ।
antavattvāccharīrasya phalasyēva vanaspatēḥ ॥ **42** *॥*

yōgaṃ niṣēvatō nityaṃ
kāyaścēt kalpatāmiyāt ।
tacchraddadhyānna matimān
yōgamutsṛjya matparaḥ ॥ **43** *॥*

yōgacaryāmimāṃ yōgī vicaran madapāśrayaḥ।
nāntarāyairvihanyēta niḥspṛhaḥ svasukhānubhūḥ ॥ **44** *॥*

॥ iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāṃ ēkādaśaskandhē aṣṭāviṃśō'dhyāyaḥ ॥