śrīḥ

śrīmatē rāmānujāya namaḥ

śrīmatē nigamāntamahādēśikāya namaḥ

ōṃ namō bhagavatē vāsudēvāya

maharṣi vēdavyāsapraṇītaṃ śrīmadbhāgavatamahāpurāṇam

॥ *ēkādaśaskandhē caturdaśō'dhyāyaḥ* ॥

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Sunder Kidāmbi

with the blessings of

śrī raṅgarāmānuja mahādēśikan

His Holiness śrīmad āṇḍavan śrīraṅgam

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॥ ēkādaśaskandhē caturdaśō'dhyāyaḥ ॥

uddhava uvāca
vadanti kṛṣṇa śrēyāṃsi bahūni brahmavādinaḥ ।
tēṣāṃ vikalpaprādhānyamutāhō ēkamukhyatā ॥ **1** *॥*

bhavatōdāhṛtaḥ svāmin bhaktiyōgō'napēkṣitaḥ ।
nirasya sarvataḥ saṅgaṃ yēna tvayyāviśēnmanaḥ ॥ **2** *॥*

śrībhagavānuvāca
kālēna naṣṭā pralayē vāṇīyaṃ vēdasaṃjñitā ।
mayā"dau brahmaṇē prōktā dharmō yasyāṃ madātmakaḥ ॥ **3** *॥*

tēna prōktā ca putrāya manavē pūrvajāya sā ।
tatō bhṛgvādayō'gṛhṇan sapta brahmamaharṣayaḥ ॥ **4** *॥*

tēbhyaḥ pitṛbhyastatputrā dēvadānavaguhyakāḥ ।
manuṣyāḥ siddhagandharvāḥ savidyādharacāraṇāḥ ॥ **5** *॥*

kindēvāḥ kinnarā nāgā rakṣaḥ kimpuruṣādayaḥ ।
bahvyastēṣāṃ prakṛtayō rajaḥsattvatamōbhuvaḥ ॥ **6** *॥*

yābhirbhūtāni bhidyantē bhūtānāṃ matayastathā ।
yathāprakṛti sarvēṣāṃ citrā vācaḥ sravanti hi ॥ **7** *॥*

ēvaṃ prakṛtivaicitryād bhidyantē matayō nṛṇām ।
pāramparyēṇa kēṣāñcit pākhaṇḍamatayō'parē ॥ **8** *॥*

manmāyāmōhitadhiyaḥ puruṣāḥ puruṣarṣabha ।
śrēyō vadantyanēkāntaṃ yathākarma yathāruci ॥ **9** *॥*

dharmamēkē yaśaścānyē kāmaṃ satyaṃ damaṃ śamam ।
anyē vadanti svārthaṃ vā aiśvaryaṃ tyāgabhōjanam ।
kēcid yajñatapōdānaṃ vratāni niyamān yamān ॥ **10** *॥*

ādyantavanta ēvaiṣāṃ lōkāḥ karmavinirmitāḥ ।
duḥkhōdarkāstamōniṣṭhāḥ kṣudrānandāḥ śucārpitāḥ ॥ **11** *॥*

mayyarpitātmanaḥ sabhya nirapēkṣasya sarvataḥ ।
mayā"tmanā sukhaṃ yattat kutaḥ syād viṣayātmanām ॥ **12** *॥*

akiñcanasya dāntasya śāntasya samacētasaḥ ।
mayā santuṣṭamanasaḥ sarvāḥ sukhamayā diśaḥ ॥ **13** *॥*

na pāramēṣṭhyaṃ na mahēndradhiṣṇyaṃ
na sārvabhaumaṃ na rasādhipatyam ।
na yōgasiddhīrapunarbhavaṃ vā
mayyarpitātmēcchati madvinānyat ॥ **14** *॥*

na tathā mē priyatama ātmayōnirna śaṅkaraḥ ।
na ca saṅkarṣaṇō na śrīrnaivātmā ca yathā bhavān ॥ **15** *॥*

nirapēkṣaṃ muniṃ śāntaṃ nirvairaṃ samadarśanam ।
anuvrajāmyahaṃ nityaṃ pūyēyētyaṅghrirēṇubhiḥ ॥ **16** *॥*

niṣkiñcanā mayyanuraktacētasaḥ
śāntā mahāntō'khilajīvavatsalāḥ।
kāmairanālabdhadhiyō juṣanti yat
tannairapēkṣyaṃ na viduḥ sukhaṃ mama ॥ **17** *॥*

bādhyamānō'pi madbhaktō viṣayairajitēndriyaḥ।
prāyaḥ pragalbhayā bhaktyā viṣayairnābhibhūyatē ॥ **18** *॥*

yathāgniḥ susamṛddhārciḥ karōtyēdhāṃsi bhasmasāt।
tathā madviṣayā bhaktiruddhavaināṃsi kṛtsnaśaḥ ॥ **19** *॥*

na sādhayati māṃ yōgō na sāṅkhyaṃ dharma uddhava।
na svādhyāyastapastyāgō yathā bhaktirmamōrjitā ॥ **20** *॥*

bhaktyāhamēkayā grāhyaḥ śraddhayā"tmā priyaḥ satām।
bhaktiḥ punāti manniṣṭhā śvapākānapi sambhavāt ॥ **21** *॥*

dharmaḥ satyadayōpētō vidyā vā tapasānvitā।
madbhaktyāpētamātmānaṃ na samyak prapunāti hi ॥ **22** *॥*

kathaṃ vinā rōmaharṣaṃ dravatā cētasā vinā।
vinā"nandāśrukalayā śuddhyēd bhaktyā vinā"śayaḥ ॥ **23** *॥*

vāg gadgadā dravatē yasya cittaṃ
rudatyabhīkṣṇaṃ hasati kvacicca।
vilajja udgāyati nṛtyatē ca
madbhaktiyuktō bhuvanaṃ punāti ॥ **24** *॥*

yathāgninā hēma malaṃ jahāti
dhmātaṃ punaḥ svaṃ bhajatē ca rūpam।

ātmā ca karmānuśayaṃ vidhūya
madbhaktiyōgēna bhajatyathō mām ॥ **25** ॥

yathā yathā''tmā parimṛjyatē'sau
matpuṇyagāthāśravaṇābhidhānaiḥ ।
tathā tathā paśyati vastu sūkṣmaṃ
cakṣuryathaivāñjanasamprayuktam ॥ **26** ॥

viṣayān dhyāyataścittaṃ viṣayēṣu viṣajjatē ।
māmanusmarataścittaṃ mayyēva pravilīyatē ॥ **27** ॥

tasmādasadabhidhyānaṃ yathā svapnamanōratham ।
hitvā mayi samādhatsva manō madbhāvabhāvitam ॥ **28** ॥

strīṇāṃ strīsaṅgināṃ saṅgaṃ tyaktvā dūrata ātmavān ।
kṣēmē vivikta āsīnaścintayēnmāmatandritaḥ ॥ **29** ॥

na tathāsya bhavēt klēśō bandhaścānyaprasaṅgataḥ ।
yōṣitsaṅgād yathā puṃsō yathā tatsaṅgisaṅgataḥ ॥ **30** ॥

uddhava uvāca
yathā tvāmaravindākṣa yādṛśaṃ vā yadātmakam ।
dhyāyēnmumukṣurētanmē dhyānaṃ tvaṃ vaktumarhasi ॥ **31** ॥

śrībhagavānuvāca
sama āsana āsīnaḥ samakāyō yathāsukham ।
hastāvutsaṅga ādhāya svanāsāgrakṛtēkṣaṇaḥ ॥ **32** ॥

prāṇasya śōdhayēnmārgaṃ pūrakumbhakarēcakaiḥ ।
viparyayēṇāpi śanairabhyasēnnirjitēndriyaḥ ॥ **33** ॥

hṛdyavicchinnamōṅkāraṃ ghaṇṭānādaṃ bisōrṇavat।
prāṇēnōdīrya tatrātha punaḥ saṃvēśayēt svaram ॥ **34** *॥*

ēvaṃ praṇavasaṃyuktaṃ prāṇamēva samabhyasēt।
daśakṛtvastriṣavaṇaṃ māsādarvāg jitānilaḥ ॥ **35** *॥*

hṛtpuṇḍarīkamantaḥsthamūrdhvanālamadhōmukham।
dhyātvōrdhvamukhamunnidramaṣṭapatraṃ sakarṇikam ॥ **36** *॥*

karṇikāyāṃ nyasēt sūryasōmāgnīnuttarōttaram।
vahnimadhyē smarēd rūpaṃ mamaitad dhyānamaṅgalam ॥ **37** *॥*

samaṃ praśāntaṃ sumukhaṃ dīrghacārucaturbhujam।
sucārusundaragrīvaṃ sukapōlaṃ śucismitam ॥ **38** *॥*

samānakarṇavinyastasphuranmakarakuṇḍalam।
hēmāmbaraṃ ghanaśyāmaṃ śrīvatsaśrīnikētanam ॥ **39** *॥*

śaṅkhacakragadāpadmavanamālāvibhūṣitam।
nūpurairvilasatpādaṃ kaustubhaprabhayā yutam ॥ **40** *॥*

dyumatkirīṭakaṭakakaṭisūtrāṅgadāyutam।
sarvāṅgasundaraṃ hṛdyaṃ prasādasumukhēkṣaṇam।
sukumāramabhidhyāyēt sarvāṅgēṣu manō dadhat ॥ **41** *॥*

indriyāṇīndriyārthēbhyō manasā"kṛṣya tanmanaḥ।
buddhyā sārathinā dhīraḥ praṇayēnmayi sarvataḥ ॥ **42** *॥*

tat sarvavyāpakaṃ cittamākṛṣyaikatra dhārayēt।
nānyāni cintayēd bhūyaḥ susmitaṃ bhāvayēnmukham ॥ **43** *॥*

tatra labdhapadaṃ cittamākṛṣya vyōmni dhārayēt ।
tacca tyaktvā madārōhō na kiñcidapi cintayēt ॥ **44** *॥*

ēvaṃ samāhitamatirmāmēvātmānamātmani ।
vicaṣṭē mayi sarvātman jyōtirjyōtiṣi saṃyutam ॥ **45** *॥*

dhyānēnētthaṃ sutīvrēṇa yuñjatō yōginō manaḥ ।
saṃyāsyatyāśu nirvāṇaṃ dravyajñānakriyābhramaḥ ॥ **46** *॥*

॥ iti śrīmadbhāgavatē mahāpurāṇē pāramahaṃsyāṃ
saṃhitāyāṃ ēkādaśaskandhē caturdaśō'dhyāyaḥ ॥