

śrīḥ
śrīmate nigamāntamahādeśikāya namaḥ
śrīmān veṅkaṭanāthāryaḥ kavītārkikakesarī
vedāntācāryavāryō me sannidhattāṃ sadā hr̥di ॥

॥ *uddhava gītā - viṃśatitamo'dhyāyaḥ* ॥

This document has been prepared by*

Sunder Kidāmbi

with the blessings of

śrī raṅgarāmānujamahādeśikan

His Holiness śrīmad āṇḍavan of śrīraṅgam

*This was typeset using L^AT_EX and the **skt** font.

śrīḥ
śrīmate rāmānujāya namaḥ

॥ uddhava gītā - viṃśatitamo'dhyāyaḥ ॥

śrībhagavānuvāca

guṇānāmasamiśrāṇāṃ pumān yena yathā bhavet |
tanme puruṣavaryedamupadhāraya śaṃsataḥ || 20.1 ||

śamo damastitikṣeṣā tapaḥ satyaṃ dayā smṛtiḥ |
tuṣṭistyaḡo'spṛhā śraddhā hrīrdayādiḥ svanirvṛtiḥ || 20.2 ||

kāma īhā madastṛṣṇā stambha āśīrbhidā sukham |
madotsāho yaśaḥ prītirhāsyam vīryam balodyamaḥ || 20.3 ||

krodho lobho'nṛtaṃ hiṃsā yācñā dambhaḥ klamaḥ kaliḥ |
śokamohau viṣādārti nidrā''śā bhīranudyamaḥ || 20.4 ||

sattvasya rajasaścāitāstamasāścānupūrvaśaḥ |
vṛttayo varṇitaprāyāḥ sannipātamatho śṛṇu || 20.5 ||

sannipāstvahamiti mametyuddhava yā matiḥ |
vyavahāraḥ sannipāto manomātrendriyāsubhiḥ || 20.6 ||

dharme cārthe ca kāme ca yadāsau pariniṣṭhitaḥ |
guṇānāṃ sannikarṣo'yaṃ śraddhāratidhanāvahaḥ || 20.7 ||

pravṛttilakṣaṇe niṣṭhā pumān yarhi grhāśrame |
svadharme cānutiṣṭheta guṇānāṃ samitirhi sā || 20.8 ||

puruṣam sattvasamyuktamanumīyācchamādibhiḥ |
kāmadibhī rajoyuktaṃ krodhādyaistamasā yutam || 20.9 ||

yadā bhajati māṃ bhaktyā nirapekṣaḥ svakarmabhiḥ |
taṃ sattvaprakṛtiṃ vidyāt puruṣam striyameva vā || 20.10 ||

yadā āśiṣa āśāsya mām bhajeta svakarmabhiḥ |
taṃ rajāḥ prakṛtiṃ vidyāddhiṃsāmāśāsya tāmasam || 20.11 ||

sattvaṃ rajastama iti guṇā jīvasya naiva me |
cittajā yaistu bhūtānām sajjamāno nibadhyate || 20.12 ||

yadetarau jayet sattvaṃ bhāsvaram viśadam śivam |
tadā sukkena yujyeta dharmajñānādibhiḥ pumān || 20.13 ||

yadā jayettamaḥ sattvaṃ rajāḥ saṅgaṃ bhidā calam |
tadā duḥkhena yujyeta karmaṇā yaśasā śriyā || 20.14 ||

yadā jayed rajāḥ sattvaṃ tamo mūḍhaṃ layaṃ jaḍam |
yujyeta śokamohābhyām nidrayā hiṃsayā'śayā || 20.15 ||

yadā cittaṃ prasīdeta indriyāṇām ca nirvṛtiḥ |
dehe'bhayaṃ mano'saṅgaṃ tatsattvaṃ viddhi matpadam || 20.16 ||

vikurvan kriyayā cādhīranivṛttiśca cetasām |
gātrāsvāsthyam mano bhrāntaṃ raja etairniśāmaya || 20.17 ||

sīdaccittaṃ vilīyeta cetaso grahaṇe'kṣamam |
mano naṣṭaṃ tamo glānistamastadupadhāraya || 20.18 ||

edhamāne guṇe sattve devānām balamedhate |
asurāṇām ca rajasi tamasyuddhava rakṣasām || 20.19 ||

sattvājjāgaraṇam vidyād rajasā svapnamādiśet |
prasvāpaṃ tamasā jantosturīyam triṣu santatam || 20.20 ||

uparyupari gacchanti sattvena brāhmaṇā janāḥ |
tamasā'dho'dha āmukhyād rajasāntaracāriṇaḥ || 20.21 ||

sattve pralīnāḥ svaryānti naralokaṃ rajolayāḥ |
tamolayāstu nirayaṃ yānti māmeva nirguṇāḥ || 20.22 ||

madarpaṇaṃ niṣphalaṃ vā sāttvikaṃ nijakarma tat |
rājasam phalasaṅkalpaṃ hiṃsāprāyādi tāmasam || 20.23 ||

kaivalyaṃ sāttvikaṃ jñānaṃ
rajo vaikalpikaṃ ca yat |
prākṛtaṃ tāmasam jñānaṃ
manniṣṭhaṃ nirguṇaṃ smṛtam || 20.24 ||

vanam tu sāttviko vāso grāmo rājasa ucyate |
tāmasam dyūtasadanam manniketam tu nirguṇam || 20.25 ||

sāttvikaḥ kāraḥ saṅgī rāgāndho rājasaḥ smṛtaḥ |
tāmasaḥ smṛtivibhraṣṭo nirguṇo madapāśrayaḥ || 20.26 ||

sāttvikyādhyātmikī śraddhā karmaśraddhā tu rājasī |
tāmasyadharme yā śraddhā matsevāyāṃ tu nirguṇā || 20.27 ||

pathyaṃ pūtaṃ nāyastamāhāryaṃ sāttvikaṃ smṛtam |
rājasam cendriyapreṣṭhaṃ tāmasam cārtidāśuci || 20.28 ||

sāttvikaṃ sukhamātmotthaṃ viṣayotthaṃ tu rājasam |
tāmasam mohadainyotthaṃ nirguṇaṃ madapāśrayam || 20.29 ||

dravyaṃ deśaḥ phalaṃ kālo jñānaṃ karma ca kāraḥ |
śraddhāvasthā'kṛtirniṣṭhā traiguṇyāḥ sarva eva hi || 20.30 ||

sarve guṇamayā bhāvāḥ puruṣāvyaktadhiṣṭhitāḥ |
drṣṭam śrutamanudhyātam buddhyā vā puruṣarṣabha || 20.31 ||

etāḥ saṃsṛtayaḥ puṃso guṇakarmanibandhanāḥ |
yeneme nirjitāḥ saumya guṇā jīvena cittajāḥ |
bhaktiyogena manniṣṭho madbhāvāya prapadyate || 20.32 ||

tasmād dehamimaṃ labdhvā jñānavijñānasambhavam |
guṇasaṅgaṃ vinirdhūya mām bhajantu vicakṣaṇāḥ || 20.33 ||

niḥ saṅgo mām bhajed vidvānapramatto jitendriyaḥ |
rajastamaścābhijayet sattvasaṃsevayā muniḥ || 20.34 ||

sattvaṃ cābhijayed yukto nairapekṣyeṇa śāntadhīḥ |
sampadyate guṇairmukto jīvo jīvaṃ vihāya mām || 20.35 ||

jīvo jīvavinirmukto guṇaiścāśayasambhavaīḥ |
mayaiva brahmaṇā pūrṇo na bahirnāntaraścaret || 20.36 ||

|| iti viṃśatitamo'dhyāyaḥ ||